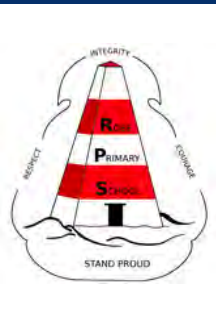


Newsletter

8 November 2024



IMPORTANT DATES-Term 4

Tuesday 12 - Wednesday 13 November
Year 6 Aquatics Camp

Thursday 14 November
Year 6 Car Wash fundraiser-9 to 10am

Friday 15 November
Year 6 Honey Crackle fundraiser

Monday 18 November
Pupil Free Day

Tuesday 19-Friday 22 November
Nude Food Week

Friday 22 November
P&F Colour Run - 2-3:15pm

Wednesday 27 - Friday 29 November
KIAS Year 6 Transition Days

Saturday 30 November
P&F Quiz Night/Last Man Standing

Monday 2 December
Governing Council Meeting 5:15pm

Wednesday 4 December
Official opening of Nature Playground
11:30-1pm

Thursday 5 December
Year 6 Graduation Dinner-SAILS 5:30pm

Wednesday 11 December
Student reports emailed

Thursday 12 December
Early dismissal 2:15pm
School Concert-5pm arrival 5:30pm start

Friday 13 December
Late start 10am (staff onsite from 8:30am)
Last day Term 4
Assembly 2pm
Early dismissal 2:15pm

FROM THE PRINCIPAL

It's been nearly 5 years since I arrived in beautiful Robe as the new principal – time defiantly seems to be passing faster and faster as weeks, months and years go by. I look forward to continuing and strengthening my connection with Robe Primary School and the Robe community in general. Week 4 done and dusted! There is only five more weeks to go before the end of another school year and summer holidays begin! As always, school does not slow down, with many events still to come - Transition days, Aquatics Camp for our Year 6 & Graduation Dinner, lots of little leader events, P&F Colour Run in week 6, Semester 2 School Reports, Kindy Transition and end of year concert preparation to name a few!

PUPIL FREE DAY – MONDAY 18TH NOVEMBER

We will have our final PFD on Monday November 18th. Our day will involve taking a closer look at lead and lag data to inform strategic directions for 2025. We have consultants from the PAT team to lead us into this deep dive to ensure that we are targeting areas of need in 2025. Time will also be used to review our 2024 SIP reflect on our journey and consider impact areas for 2025.

SITE IMPROVEMENT PLAN (SIP)

At this time of the year and over the course of the next 5 weeks, including our last PFD, we will review and analysis data – looking at this year's NAPLAN, PAT, Brightpath, Initialit and other internal assessments to review progress, identify strengths and areas of need to ensure our professional learning for 2025 remains targeted and helps to nudge learning forward.

Part of this terms review process is returning to our SIP and looking at achievement against set targets and success criteria – this is Step 5 of our improvement cycle:

At the end of each year the school improvement plan needs to be reviewed to evaluate its success.

While this step occurs in the busy final term for the year, it is critical to set aside time to review and evaluate the impact of your hard work over the year. This final step is an important opportunity for reflection, consolidation of learning, and celebration of outcomes.

The final step is essential to make sure you are well prepared to complete the cycle at the beginning of the next year and analyse and prioritise to continually improve learning outcomes for students.

By reviewing the impact and cost effectiveness of your actions you can answer the questions:

- Have we achieved our improvement goals?
- What have we learned?
- What are our next steps?



TERM 4 EVENTS

- Remembrance Day – Monday November 11 – 10:45am
- Year 6 Aquatics Camp – Tuesday & Wednesday - November 12 & 13
- PFD – Monday November 18
- Kindergarten Transition 2024
 - Thursday November 7 – 9am – 11 am
 - Wednesday November 13 – 9am – 11 am
 - Thursday November 21 – 9am – 11:30pm
 - Wednesday November 27 – 9am – 1pm
- 2025 Reception students information evening – Wednesday November 27 – 5:30pm
- Colour Run – Friday November 22
- Nature Playground official opening – Wednesday December 4 – 11:30-1:00pm
- Year 6 Graduation Dinner - Thursday December 5 - 5:30pm
- Semester 2 Reports - emailed Wednesday December 11
- End of year concert – Thursday December 12 – early finish – 2:15pm
- End of year concert – Thursday December 12 – starts @ 5pm
- Last day of school – Friday December 13 – start 10am - finish 2:15pm

ATTENDANCE

Parents/carers – as part of keeping our kids safe and following DfE protocols for accountability it is **imperative** that parents/carers sign children in and out from the front office when they are arriving late from an appointment or leaving early for whatever reason. Jodi and Cass are usually available if you find the front desk technology tricky but there is also a plan B - a pen and paper sign in/out sheet.

We appreciate your support in this matter.

Also, a gentle reminder to keep the school informed when kids are absent, this can be done via the Community Portal. Our aim is to ensure all students have access to a full and rewarding education. Regular attendance at school provides students with the opportunity to gain maximum benefit from their schooling. Monitoring of school attendance enables identification of students at risk and the implementation of appropriate intervention strategies. At Robe Primary School our attendance strategies are guided by the South Australian Department for Education's attendance policy.

The [attendance policy](#) defines the following groups of students as at risk because of how often they miss school.

- **Habitual non-attendance:** a student misses 5 to 9 school days in a term (across terms).
This is for any reason.
- **Chronic non-attendance:** a student misses 10 or more days in a term (across terms).
This is for any reason.

For students in these groups, we assess the level of risk to their learning and wellbeing. When a student is at risk we will talk with the family about the issues.

We appreciate and understand that there has been a lot of illnesses around just recently – gastro and Influenza 1, as well as Covid. We also appreciate that parents are keeping their children at home when they are clearly unwell, as this helps to stop the spread!

If you have concerns about your child’s attendance and need support in this area, please reach out – we are here to help in any way we can.

PARENTS & FRIENDS

Our fabulous annual quiz night on Saturday November 30 – end of week 7 – is fast approaching. Please consider attending – it is a great night led by the fabulous Leroy as host – a little laughter, a little mental stimulation, a few bubbles and great company – a wonderful night. Book your table now! Last Man Standing is also available – \$50 - choose a number – 1st prize is \$1000, 2nd prize - \$700 and 3rd prize is \$300! Numbers are available to purchase at the Robe Hotel and Caledonian Inn on Friday nights from 5-7pm. You can also ring the front office.

Your ongoing fundraising efforts and overall support of our school is sincerely appreciated.

ROBE PRIMARY SCHOOL
PARENTS & FRIENDS
FUNDRAISER

2024 QUIZ NIGHT

**SATURDAY
30TH NOVEMBER**
5.45PM ARRIVAL
FOR 6PM START

BOOKINGS ARE ESSENTIAL!
TABLES OF 10
\$100 PER TABLE
ASK YOUR FAMILY, FRIENDS,
SPORTS CLUB OR WORKMATES!
PHONE 8768 2168 OR EMAIL
RSPARENTSANDFRIENDS@GMAIL.COM
BYO FOOD SHARE PLATES
BAR FACILITIES (NO BYO ALCOHOL)
EFTPOS AVAILABLE

HELD AT THE ...
ROBE TOWN
BREWERY
10 WHITE ST, ROBE
QUIZMASTER LEROY & KYLA ARE
BACK AS OUR MC'S!

LAST MAN STANDING
PRE PURCHASE NOW...
\$50 PER TICKET
FIRST PRIZE IS \$1000 !!!

SPECIAL GUESTS
LIMESTONE
AMBERTOWN

ENTERTAINMENT & BONUS QUIZ ROUND

ROBE PRIMARY SCHOOLS

LAST MAN STANDING

PRE PURCHASE NOW...

1-100
\$50 PER TICKET

FIRST PRIZE \$1000

DRAWN @ QUIZ NIGHT
30th NOVEMBER 2024

Payment via Cash, EFTPOS or EFT

KINDY TRANSITION 2024/2025

Our Kindy transition program formally started yesterday. 8 excited little humans visited our school and participated in a variety of activities, giving them a small taste of 'big school'. They were all very excited with some already blending in with their school tops! Fish to water...😊 They seemed happy and at ease with their visit! Connections with the little ones have already been established and nurtured with informal visits to both sites and attending events on school grounds - all part of helping the transition to formal schooling and to maintain and strengthen the continuity of learning between sites.



GRADUATION DINNER – Year 6 –Thursday December 5

Preparations for the 2024 Year 6 Graduation Dinner are underway and will again be held at Sails in the main dining room starting at 5:30pm. As usual, it promises to be a very special evening – a night for parents/carers and their graduating child to celebrate their time at Robe Primary School, reflect on their learning and friendships made and look forward to their next adventure – high school! Official invite and menu selection details will be sent out soon to help keep costs down and reduce waste. This year we are extending the invitation to parents (as usual) + 2 more adult guests per child. Parents pay \$20pp towards their meal, extra adult guests pay \$45pp.

CALCUTTA FUND RAISER

THANK YOU to Stacey Wirth, Cassie Bermingham & Chris McLay for their amazing planning and organisation for this yearly event. Funds raised on the night totalled \$1450 and will go towards Year 6 activities and events – including their Graduation Dinner. A special thank you to Adrian Johns and Roly Day for their exceptional skill at hosting the event. Sincerely appreciated.

YEAR 6 CAR WASH AND HONEY CRACKLE SALE

Year 6 will hold their annual 'car wash' on November 14th from 9am to 10am and host a Honey Crackle sale on Friday November 15th (crackles will be made at school). The funds raised contribute to their annual and very special Graduation Dinner. Reminders will be sent out closer to the date.

SCHOOL REPORTS – SEMESTER 2

School reports will be sent home via email on Wednesday December 11th. Individual comments are made for English, Mathematics and General for each year level. Other key learning areas will contain a description of content covered and then a grade for achievement and effort.

END OF YEAR CONCERT

As usual, planning and organisation for this year's event is underway which will be held on Thursday December 12th 2024. All classes have chosen songs and are beginning to create and practice dance moves to the theme of 'Spooktacular', with a little help from Footsteps. Costumes are being planned by class teachers and this information will be sent out to families by individual teachers.

Please start putting out positive thoughts to the universe for a beautiful, warm and calm summers evening for our end of year extravaganza. Same as last year, weather will dictate our final decision as to where this year's event is held – either Concert on the Green as usual or we head to The Institute - this will be made on the Friday before Concert Day. Please know if we go to The Institute, numbers may be limited.

NATURE PLAY PROJECT

It was this time last year that I announced that Robe Community Bank Bendigo donated \$95 000 for our Nature Play Project. This is the largest sum of money that Bendigo has contributed to a local school project and we are very privileged to be the recipients. **THANK YOU - THANK YOU - THANK YOU.**

We look forward to an official opening and dedication to Chris McLay – Wednesday December 4 at 11:30am-1:00Pm - week 8 of term 4. Governing Council members and P&F members – past and present - are all invited. I'll also invite our ED – Ruth Schubert, our Mayor and CEO of Robe Council, Directors and staff of Bendigo Bank, local Newspaper, Come Fund Us community contributors and of course – Chris McLay.

It has been a project where the generosity of many has come together in a magnificent play area for the kids of Robe Primary School but also for the kids that come from afar and visit our play spaces throughout the year.

On the note of generosity, a massive **THANK YOU** to all the volunteers that attended our very successful working bee on Sunday September 15 2024. We had about 25+ families come and share their labour and good humour to move this project along. One more small working bee to add final touches and we have lift off!



OUT & ABOUT

Year 2/3 are currently learning about Symmetry. We discussed the meaning of symmetry and looked at real world pictures of how symmetry is found in nature. The students then spent some time working in pairs to create beautiful butterflies by taking turns to add to their pattern on one side then their partner replicating to create a stunning symmetrical butterfly.



Reception students have been working hard on story maps – innovating on a beloved story, “A dark, dark tale...” by Ruth Brown. Kids worked in pairs to create their own story maps called “A dark, dark forest...” “A dark, dark house...”, “A dark, dark wood...”, “A dark, dark castle...” and “A dark, dark rainforest...”.



Students from our **Year 4-6** classes came together for a special day of maths on Tuesday October 22nd. The day was hosted by Yani Theodoros, a teacher from Mt Burr who specialises in Maths Tasks that span a variety of mathematical strands. The task was to create a safari park with particular criteria, develop a budget and costing for food and work out when the park would run at a profit, etc. All the kids were completely and utterly engaged – with some students asking at lunch, “Do we really need to stop?”.



Our **Year 1/2** have been working hard in science lessons learning about the properties of everyday objects. They have been making predictions and comparisons about how the shapes of objects are created from different materials and can be described in a variety of ways.



LITTLE LEADERS SPIDER DAY

Spider Day was held on Thursday October 31st, the Little Leaders raised \$65.50 from the event!



SAPSASA ATHLETICS

Athletics State Championships was held in Adelaide at the SA Athletics Stadium. Harry participated in shot put, discus and the 4x100 relay. Fred participated in the 1500m, 800m and 4x100 relay. Fred placed first in the 1500m and fifteenth in 800m. Harry came fourth in shot put and discus and we both placed third in the 4x100 relay. Our district, Mid South East, placed second in Division Two overall. It was a day of sportsmanship and fun.

Harry Austin and Fred Fennell

SAPSASA GIRLS FOOTBALL

I went to SAPSASA Girls Football in Adelaide for three days, we won five games and lost four. I played back pocket and middle a little, I had a lot of fun. I saved us from losing because I marked the ball right in front of their goal!

Kirby Carruthers



HALLOWEEN DRESS UP DAY



The Department for Education is seeking our help to inform the future planning for Out of School Hours Care (OSHC) services. You are invited to participate in a survey which will seek your feedback your potential needs for an OSHC service, to better understand the demand in our community and across the state.

You can access the survey via the link or scan the QR code below. The survey is open until Friday 30 November 2024.

<https://survey.education.sa.gov.au/n/1WnS5O3>



The survey takes less than 5 minutes and is completely anonymous - your answers will never identify you or your child.

Please note that completing this survey does not mean an OSHC service will be established.

For more information, or if you have any questions about the survey, please do not hesitate to contact the department's OSHC Reform Team via email: education.OSHCReform@sa.gov.au.

The graphic is a calendar for 'Little Leader Term 4'. It features a white background with red triangular accents in the corners. At the top, there are two small icons of a lighthouse. The title 'Little Leader Term 4 Calendar' is centered in a dark blue font. Below the title, there are four dark blue rounded rectangular boxes, each containing information for a specific week. Each box lists the day and date, the week number and theme, and the details of the event.

Day	Date	Week & Theme	Details
Friday	NOV 1	WEEK 3 - Spider Day	\$2 Spider (fizzy drink & ice cream) 1:10pm staff room window
Thurs/Fri	NOV 14/15	WEEK 5 - Wheels Day	Thursday - Year 1/3/5 Friday - Year REC/2/4/6
Wednesday	NOV 27	WEEK 7 - Whole School Hide & Seek	Meet Little leaders on basketball court at 1:10pm
Friday	DEC 6	WEEK 8 - Hot Dog & Zooper Dooper Day	Staffroom window at 1pm More information to come

Anxiety

What is Anxiety?

Anxiety is the body's response to a perceived or real threat. It can present as excessive, persistent and frequent worry, fear, nervousness and unease. Most people feel a healthy amount of anxiety at different times during their lives, in fact it can be helpful at times to keep us safe or more alert and motivated.

However, anxiety is more than just feeling nervous, stressed or worried. When anxiety begins to interfere with our daily functioning, it can be a sign that someone may need some additional support.

What causes Anxiety?

Anxiety is our nervous systems' response to a perceived or real threat. This is the body's stress response, which is also known as 'fight, flight, freeze or fawn'. When the part of our brain called the Amygdala detects a threat, it is activated and switches on our sympathetic nervous system. A range of hormones are then released into our body, including adrenaline, preparing our body to respond to the threat. Often for children, this may mean feeling anxious about friendships, peers, school work, sport, monsters, the dark, parents safety, family relationships, trying new things and changes to routine.

Common Symptoms of Anxiety

Everyone experiences anxiety differently, but there are some common signs and symptoms.

Physical symptoms may include: racing heart, faster breathing, feeling tense in muscles, sweating or feeling dizzy, shaking, butterflies or feeling sick in the stomach

Thoughts can include: worrying about things a lot of the time, feeling like your worries are out of control, having trouble focusing and paying attention on other things, worries that seem out of proportion

Other signs may include: being unable to relax, avoiding places or people, such as school, feeling annoyed and irritated, difficulty falling to sleep or waking up during the night.

Did you know?

1 in 6 Australian students experience anxiety at levels high enough to interfere with their daily functioning

Over half of adults who have anxiety have experienced their first symptoms by age 11, making prevention and early intervention vital.

Among adults, Anxiety is the most common mental health condition in Australia, with 1 in 4 people (1 in 3 women, and 1 in 5 men) experiencing anxiety at some stage in their life

Resources

www.brave4you.psy.uq.edu.au is an evidence based program aimed at early prevention and intervention of anxiety in children (parent course too)

Smiling Mind app – especially useful for calming minds before bedtime

For adults: www.thiswayup.org.au is an evidence based program for a range of mental health issues (many of the programs are free)

Helpful Strategies

Deep breathing: This activates our Vagus Nerve which is 'in charge' of our parasympathetic nervous system; responsible rest and digest. Inhale 4 seconds, hold 4 seconds, exhale 6 seconds. Minimum of 5 times. Practice when feeling calm, to use in times of need.

•**Grounding exercise:** 5, 4, 3, 2, 1 technique:

- Wherever you are: 5 things you can see
- 4 things you can feel
- 3 things you can hear
- 2 things you can smell
- 1 thing you can taste

This can help bring our attention back to the present moment and reduce feelings of anxiety.

Seeking help

You can seek professional information and advice from several sources, including: your child's teacher at preschool or school your child's GP or paediatrician, who can refer you to an appropriate mental health practitioner



LEGORIUM

GRAND OPENING

NOVEMBER 23RD & 24TH

DONATION TO ENTER
ALL PROCEEDS GO TO MOTOR NEURONE DISEASE



<p>► OPENING TIMES 9am to 5pm</p>	<p>► LOCATION 127 Gordon street Naracoorte</p>
<p>► REFRESHMENTS Tea, coffee and light snacks available for purchase</p>	<p>► PARKING disabled parking at rear of shed street parking available</p>

► Including Classic Lego Favourites!




► **CONTACT US**
legoriumnara@gmail.com
Legorium Naracoorte



Gumpy's September Sponsor Update

Breed Labradoodle
Program Hearing Assistance Dog
Sponsor Lions Club of Robe & District Inc
Date of Birth 13.06.2023
Expected Delivery Nov 2024
Trainer Ashleigh




Hello! Gumpy is continuing to excel in all aspects of training, although recently we had to take a step back with his walks as he has started to pull a little bit with the gentle leader due to excitement. His future recipient has mobility issues, so we want to make sure he will be gentle and not pull his recipient over when they are outside. What we have started doing to improve his patience is by stopping and turning in front of Gumpy during our walks when he starts pulling (almost like walking a circle around him). This slows him down and gets him to watch and check in with me more instead of going ahead.

With the warmer weather rolling in, I have arranged for Gumpy to get a clip soon. His fluffy coat will go, but it'll be good to know that he'll be enjoying the warmer weather better!


For outings this month, Gumpy and I have been down to Rundle Mall. He was super well behaved, though he did briefly get distracted by the pigeons fluttering around! We had several free walks in the parks and a stroll around Hahndorf and Stirling, all of during Gumpy was very good!

In Gumpy's sound training, we are starting increase the difficulty. I am making the sounds harder for him, like putting the sounds behind the couch cushions and hiding the speaker in the cupboards. He never lets me down, always finding them and alerting me to them immediately!

Lately, Gumpy has been getting a lot more crate and office time to work on his settling behaviour when he's with me. He is still young so he has a mountain of energy, and I want to make sure he knows when to wind down and when it's play time. You might be interested to know that Gumpy's lovely and friendly personality has made him a kennel favourite, and that he's now the designated welcome and greeter to any new dogs coming in to training!




Thank you for your support!



Take control of your finances

For every dollar you save, you will receive another dollar from ANZ to spend towards educational costs, up to \$500



Saver Plus gives you down-to-earth money talk - and a \$500 incentive to build your savings!

If you save up to \$50 a month for 10 months (the length of the program), ANZ will double it.

What can the \$500 be spent on?

- Laptops and tablets
- Vocational education
- Books and supplies
- Uniforms and shoes
- Lessons and activities
- Camps and excursions

To join Saver Plus

- Be 18 years or older
- Have a Health Care or Pensioner Card
- Have a child in school, starting school next year, or be studying yourself
- Get a regular income (you or your partner)
- Agree to join in free online financial education workshops

Saver Plus supports people to develop life-long savings habits. It's delivered by Brotherhood of St. Laurence, The Smith Family and Berry Street. It's funded by ANZ and Department of Social Services.

saverplus.org.au 1300 610 355

WHEELS DAY

WEEK 5



THURSDAY 14TH NOVEMBER
Years 1/3/5

FRIDAY 15TH NOVEMBER
Years REC/2/4/6